Professional Boundaries Thinking Tool

**Who?**
ASK Who will benefit from this? Whose needs will be met?
- If “me” → Abstain
- If “not sure” → Consult

**Why?**
ASK Will my action/behaviour contribute to the therapeutic nurse-client relationship?
- If yes → PROCEED
- If “no” → Abstain
- If “not sure” → Consult

**What?**
ASK Is my action/behaviour consistent with the plan of care for the client and am I comfortable in:
- If yes → PROCEED
- If “no” → Abstain
- If “not sure” → Consult

**How?**
ASK Is this action/behaviour something I would want colleagues to know I had engaged in with a client?
- If yes → PROCEED
- If “no” → Abstain
- If “not sure” → Consult