IMPORTANT
As of Sept. 4, 2018, the following nursing colleges amalgamated to become the British Columbia College of Nursing Professionals (BCCNP):

• College of Licensed Practical Nurses of British Columbia (CLPNBC)
• College of Registered Nurses of British Columbia (CRNBC)
• College of Registered Psychiatric Nurses of British Columbia (CRPNBC)

Although the information in the document you are about to access reflects our most current information about this topic, you’ll notice the content refers to the previous nursing college that published this document prior to Sept. 4, 2018.

We appreciate your patience while we work towards updating all of our documents to reflect our new name and brand.
Dietitians’ Authority to Recommend Vitamins and Minerals for Therapeutic Diets

JOINT STATEMENT

When recommended by a dietitian as part of a therapeutic diet, pharmacists may release Schedule III and unscheduled drugs and nurses may administer them.

BACKGROUND

The Dietitians Regulation under the Health Professions Act authorizes dietitians to assess nutritional needs, and design, implement and evaluate nutritional care plans and therapeutic diets.

Dietitians recommend Schedule III and unscheduled vitamins and minerals as part of a nutritional care plan or therapeutic diet. These products do not require an order (or prescription). Similarly, other unscheduled products such as protein powder, pectin and medium chain triglycerides (MCT) may also be recommended for inclusion in oral or enteral diets.

Dietitians have clinical expertise in the design of nutritional care plans and therapeutic diets. Nurses seek advice and receive direction from dietitians in these clinical areas to provide safe and effective care to clients.

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1 Schedule III drugs may be sold by a pharmacist to any person from the self-selection Professional Products Area of a licensed pharmacy. Unscheduled drugs may be sold by a nonpharmacist to any person.

2 In this document, “nurses” refers to registered nurses, nurse practitioners, licensed practical nurses, registered psychiatric nurses and licensed graduate nurses.